

COUNSELING AGENCIES

A HEALTHY IMAGE COUNSELING AND CONSULTING SERVICES

5219 McPherson Rd., Ste. 404, Laredo, Texas 78041

Contact: Marisela Long
Office: 956.724.2345
Fax: 956.724.2399
E-mail: mlong777@sbcglobal.net

Office Hours:

Mon.-Fri. 9:00 a.m.-7:00 p.m.

Sat. 9:00 a.m.-1:00 p.m.

Services Provided:

Mental Health Counseling

Credentials:

Licensed Professional Counselor (LPC)

Fees:

Negotiable

ALEMAN HERNANDEZ COUNSELING SERVICES, INC.

6108 McPherson Rd., Ste. 2, Laredo, Texas 78041

Contact: San Juanita Hernandez
Office: 956.791.9990
Fax: 956.791.9995
E-mail: aleman-hernandez@att.net

Office Hours:

Mon.-Thurs. 10:00 a.m.-6:00 p.m.

Friday 9:00 a.m.-2:00 p.m.

Services Provided:

Provide individual, family, marriage counseling for children, adolescents, and adults. Provide counseling services to children who have been victims of physical, emotional, and verbal abuse and neglect, and to those children who have been exposed to domestic violence, children with ADHD, ODD, or with Trauma.

Credentials:

Masters of Arts in Counseling Psychology; Licensed Professional

Counselor (LPC), Certified Anger Resolution Therapist, Board Certified Professional Counselor, Certified Nurturing Parenting Skills Facilitator.

Fees:

Initial session: \$100.00

Continued sessions: \$75.00

Accept: CHIP (Molina Health); BCBS; and Medicaid

CERVANTES COUNSELING CENTER

6114 McPherson, Laredo, Texas 78041

Contact: Lisa M. Cervantes

Office: 956.724.4357

E-mail: cervanteslisa@yahoo.com

Office Hours:

Mon.-Fri. 8:00 a.m.-6:00 p.m.

Services Provided:

Counseling services for children, adolescents, adults, marriages, families, foster children, and professional presentations. Treatment services for depression, anxiety, ADD/ADHD, conduct disorders, adjustment disorders, and parent-child relational problems.

Credentials:

Licensed Professional Counselor (LPC), Board Certified Professional Counselor, Certified Nurturing Parent Skills Trainer

Fees:

Set rate

Medicaid accepted

Most private insurance accepted

DAISY COUNSELING SERVICES

709 E. Calton Rd., Ste. 109, Laredo, TX 78041

Contact: Laura Perez, MA, LPC

Office: 956.523.0152

Office Hours:

Mon, Tues., & Thurs. 2:00 p.m.-8:00 p.m.

Wed. 8:30 am- 7:30pm

Fri. 8:30 a.m.-5:00 p.m.

Sat. (first and third of every month) 11:00am-3:00pm

Other hours may be available as needed

Services Provided:

Individual (child, adolescent, adult and geriatric) Counseling, Family Counseling, Marriage Counseling, Diagnostic Evaluations

Credentials:

Licensed Professional Counselor (LPC)

Fees:

\$75 hour

FAMILY GUIDANCE SERVICES

5219 McPherson, Ste. #406, Falcon National Bank, 4th Floor, Laredo, TX 78041

Contact: Luis E. Flores

Office: 956.717.3733

Fax: 956.725.3166

E-mail: familyguidance@gmail.com

Crisis/After Hours: 956.286.9093

Office Hours:

Mon.-Fri. 4:00 p.m.-8:00 p.m.; Sat. 10:00 a.m.-2:00 p.m.

Services Provided:

Individual and family counseling, treatment for child traumatic stress, treatment for children with behavioral problems, play therapy, and substance abuse services.

Credentials:

Licensed Professional Counselor (LPC), Licensed Chemical Dependency Counselor (LCDC), Registered Play Therapist-Supervisor (RPT-S)

Fees:

\$75 hour

Medicaid accepted

Private insurance not accepted

GUILLERMO E. GONZALEZ, Jr. Ph.D.

6262 McPherson Rd., Ste. 210, Laredo, TX 78041

Contact: Guillermo E. Gonzalez, Jr.
Ph.D.

Office: 956.722.3000

Fax: 956.729.1947

Office Hours:

Mon.-Fri. 8:00 a.m.-3:00 p.m.

Services Provided:

Clinical/counseling, psychology

Credentials:

Ph.D. in Psychology

Fees:

Vary

INSTITUTE FOR MIND & BODY WELLNESS

6801 McPherson Rd., Ste. 213 Laredo, TX 78041

Office: 956.727.4629

Fax: 956.726.8001

E-mail:

instituteformindandbody@yahoo.com

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m.

Services Provided:

Alcohol and drug abuse counseling; behavioral evaluations; family, adolescent, and children services; interventions for depression and anxiety.

Credentials:

Licensed Professional Counselor (LPC)

Fees:

First visit \$120.00

\$65.00 an hour

Private insurance accepted

JUDITH RAMOS JORDAN, M.A., LPC, LCDC

1319 Corpus Christi St., Ste. 5, Laredo, TX 78040

Contact: Judith Ramos Jordan

Office: 956.251.5236

E-mail: jramos1@stx.rr.com

Office Hours:

Tues.-Thurs. 8:00 a.m.-5:00 p.m. or by appointment

Services Provided:

Substance abuse counseling services for children, adolescents, and families

Credentials:

Licensed Professional Counselor (LPC), Licensed Chemical Dependency Counselor (LCDC), Masters in Counseling Psychology

Fees:

Set rate, sliding scale as needed

Medicaid accepted

KAREN HENDERSON, Ph.D.

5219 McPherson, Ste. 406, Laredo, TX 78041

Contact: Dr. Karen Henderson

Office: 956.337.6996

Office Hours:

To be arranged

Services Provided:

Child and adolescent counseling

Credentials:

Ph.D. in Psychology

Fees:

\$180.00 initial visit

\$125.00 for treatment

Intake Medicaid, CHIPS, and Blue Cross/Blue Shield

LA FAMILIA CONSULTING AND COUNSELING SERVICES

1319 Corpus Christi St., Laredo, TX 78040

Contact: Jesse Gerardo Hernandez,
MA, LPC, LCDC

Office: 956.795.0948

E-mail: lafamilia@bizlaredo.rr.com

Crisis/After Hours: 956.337.7551

Office Hours:

Tues.-Fri. 8:00 a.m.-6:30 p.m.

Services Provided:

(Children, adolescents, and adults)-professional counseling, family counseling, marital counseling, individual counseling, chemical dependency counseling, co-occurring psychiatric and substance abuse services, EAP services, program development, training and community presentations.

Credentials:

Licensed Professional Counselor (LPC), Licensed Chemical Dependency Counselor (LCDC)

Fees:

Private pay, set rates through contract, Medicaid

LAREDO COUNSELING SERVICES, INC.

917 Guerrero St., Laredo, TX 78040

Contact: Adriana Craddock, M.A.,
LPC, LPA, LCDC, LBSW-IPR

Office: 956.729.1991

Office Hours:

By appointment

Services Provided:

Individual counseling (children, adolescents, and adults), family and marital counseling, substance abuse counseling, and case management services for children and pregnant women.

Credentials:

Licensed Professional Counselor (LPC), Licensed Psychological Associate (LPA), Licensed Chemical Dependency Counselor (LCDC), Licensed Baccalaureate Social Worker-Independent Practice Recognition (LBSW-IPR)

Fees:

Private payment arrangements; Medicaid accepted

PROFESSIONAL COUNSELING CENTER

709 E. Calton Rd., Ste. 109, Laredo, TX 78041

Contact: Carmen Escamilla

Office: 956.791.0335

E-mail:

carmen_escamilla@hotmail.com

Crisis/After Hours: 956.791.0335

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m.; Sat. 1:00 p.m.-5:00 p.m.

Services Provided:

Assessment and counseling for children, adolescents, adults, marriage, and families. Treatment services for ADD/ADHD (Adult & Children), conduct disorder, depression, and anxiety.

Credentials:

Licensed Professional Counselor (LPC)

Fees:

\$65 - \$80/hour, sliding scale

Medicaid accepted

Most private insurance accepted

PSYCHOTHERAPY & COUNSELING ASSOCIATE

1115 Chihuahua, Ste. A, Laredo, TX 78040

Contact: Dr. Henry Carranza

Office: 956.796.9335

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m.; Sat. 11:00 a.m.-6:00 p.m.

Services Provided:

Psychotherapy, counseling, hypnosis, and relaxation therapy for children, adolescents, adults, and geriatric individuals.

Credentials:

Dr. Henry Carranza, Ph.D. in Psychology; Licensed Professional Counselor (LPC)

Fees:

Medicaid and Chips accepted

Private pay arrangements available

RAMIREZ COUNSELING SERVICES

2801 Musser, Laredo, TX 78043

Contact: Javier Ramirez
Office: 956. 334.6885
E-mail: jramirez192@stx.rr.com
Crisis/after hours: same

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.; Available for emergencies

Services Provided:

Alcohol and drug abuse counseling, individual counseling, presentations, group and family sessions.

Credentials:

Licensed Clinical Social Worker (LCSW)

Fees:

\$75 hour

Medicaid accepted

Private insurance not accepted

Private pay arrangements available

ROLANDO X. RODRIGUEZ, MD

1319 Corpus Christi, Laredo, TX 78040

Contact: Rolando X. Rodriguez, MD
Office: 956. 236.4735
Crisis/after hours: same

Office Hours:

Afternoon and evening by appointment only

Services Provided:

Evaluation and treatment of substance abuse & psychiatric conditions, learning problems, anger management, depression & anxiety, cocaine abuse, heroin detox.

Credentials:

Licensed Medical Doctor (MD), Psychiatrist

Fees:

Cash only

TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)

Community Stress Center (Casa Ortiz)

915 Zaragoza St., Laredo, TX 78041

Contact: Bonnie Rudolph, PhD

Office: 956.326.3120

E-mail: brudolph@tamiu.edu

Office Hours:

By appointment only 8:00 a.m.-5:00 p.m.

Services Provided:

Brief individual counseling, assessments, referrals, educational groups in English and Spanish, family conflict, career decisions, indecisiveness, lack of direction, feelings of sadness, anger or fear, marriage/family counseling, stress and anger management, anxiety and depression. Services are provided by student interns under direct supervision.

Credentials:

Ph.D. in Psychology; student interns under direct supervision

Fees:

None

THE COUNSELING FIRM

5219 McPherson, Ste. 402, Laredo, TX 78041

Contact: Denise Bradley

Office: 956.717.0705/791.3443

E-mail: counseling_firm@yahoo.com

Crisis/After Hours: 956.286.7131

Office Hours:

Mon.-Fri. 8:00 a.m.-6:30 p.m.

Services Provided:

Substance abuse services, individual and family counseling, depression, and anxiety.

Credentials:

Licensed Professional Counselor (LPC)

Fees:

Sliding scale when needed, free with internship students under direct supervision, private pay arrangements are available.

All insurance, EAP, Medicaid accepted.

FAITH BASED

CALVARY CENTER

102 E. Lyon, Laredo, TX 78040

Contact: Juan Garza
Office: 956.723.1972
Crisis/After Hours: 956.723.1972

Office Hours:

Mon.-Fri. Open 24 hours daily

Services Provided:

Drug and alcohol counseling.

Fees:

None

HIGH SCHOOLS

LAREDO INDEPENDENT SCHOOL DISTRICT (LISD)

904 Juarez, Laredo, TX 78040

Contact: Rosaura Rodriguez
Director of Guidance &
Counseling/At Risk
Coordinator
Office: 956.795.3452
E-mail: rrodriguez@laredoisd.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Drug and alcohol prevention presentations to any LISD school or community event.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) at each LISD High School campus.

Fees:

None

UNITED INDEPENDENT SCHOOL DISTRICT (UISD)
Education, Prevention, Intervention Counseling (EPIC)
4410 State Hwy. 359, Laredo, TX 78043

Contact: Christina Flores, Director
of Guidance & Counseling
Office: 956.473.5248
Fax: 956.473.2098
E-mail: curibeflores@uisd.net

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Drug and alcohol prevention presentations to any UISD school or community event.

Credentials:

Licensed Chemical Dependency Counselors (LCDC) at each UISD High School Campus and S.T.E.P. Academy

Fees:

None

COLLEGES / UNIVERSITIES

LAREDO COMMUNITY COLLEGE (MAIN CAMPUS)

Counseling Center-Fort McIntosh Campus

West End Washington St., Kazen College Center 234, Laredo, TX 78040

Contact: Raquel Lopez, Counselor
Office: 956.764.5788
Email: rlopez@laredo.edu
Crisis/After Hours: 956.721.5303
(Campus Police)

Office Hours:

Mon.-Thurs. 8:00 a.m.-6:00 p.m.

Fri. 8:00 a.m.-12:00 p.m.

Services Provided:

Drug prevention fairs, academic counseling, testing and referral services to other agencies.

Fees:

Free to students enrolled at Laredo Community College.

LAREDO COMMUNITY COLLEGE (SOUTH CAMPUS)

Counseling Center

5500 S. Zapata Hwy., Billy Hall Student Center 116, Laredo, TX 78046

Contact: Lisa G. Romo, Counselor

Office: 956.794.4135

E-mail:

lisagonzalez-romo@laredo.edu

Crisis/After Hours:

956.794.4303(Campus Police)

Office Hours:

Mon.-Thurs. 8:00 a.m.-6:00 p.m.

Fri. 8:00 a.m.-12:00 p.m.

Services Provided:

Drug prevention fairs, academic counseling, testing, and referral services to other agencies.

Fees:

Free to students enrolled at Laredo Community College.

TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)

Student Counseling Services

5201 University Blvd., 124 Student Center, Laredo, TX 78041

Contact: Rita Hernandez, Associate
Director of Student
Counseling

Office: 956.326.2230 or
956.326.2760

E-mail: rita@tamiu.edu

Crisis/After Hours: 956.326.2100
(Campus Police)

Office Hours:

Mon.-Thur. 8:00 a.m.-5:00 p.m.

Fri. 8:00 a.m.-3:00 p.m./3:00 p.m.-5:00 p.m. Emergencies/crisis only

Services Provided:

Individual counseling, referral services, wellness fairs, presentations, alcohol screenings, and outreach services.

Credentials:

Clinical Psychologist; Licensed Professional Counselor Intern
Fees:
Free to students enrolled at TAMIU.

SUBSTANCE ABUSE SERVICES AGENCIES / ORGANIZATIONS

CUSTOMS and BORDER PROTECTION
U.S. BORDER PATROL LAREDO SECTOR
207 W. Del Mar Blvd. Laredo, TX 78041

Contact: Sara Melendez
Community Relations
Officer
Office: 956.764.3349
E-mail: sarah.a.melendez@cbp.dhs.gov

Office Hours:
Mon.-Fri. 8:00 a.m.-5:00 p.m.
Services Provided:
Presentations on alcohol, drugs, and tobacco for the community and schools.
Credentials:
U.S. Customs and Border Protection Officers
Fees:
None

GREGORY'S DRIVING SCHOOL, INC.
4217 Marcella, Laredo, TX 78041

Contact: Mary Gregory Fox
Office: 956.722.6151

Office Hours:
Mon.-Fri. 8:00 a.m.-8:00 p.m.
Services Provided:
Drug & Alcohol Awareness Program (DAP)
Credentials:
Program approved by the Texas Education Agency
Fees:
\$85

LAREDO POLICE DEPARTMENT

4712 Maher, Laredo, TX 78040

Contact: Sgt. Alberto Salinas

Office: 956.795.2837

Office Hours:

Call office for current schedule of classes.

Services Provided:

Community Relations Unit Officers (C.R.U.) give presentations dealing with alcohol and drugs to elementary, middle and high schools. LPD McGruff the Crime Dog visits school and community events to promote drug awareness and prevention.

Credentials:

Laredo Police Department Officers

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Alcohol Education Program for Minors (Minor in Possession)

2387 E. Saunders, #2., Laredo, TX 78041

Contact: Dora Ramirez

Office: 956.724.3177

E-mail: doramaría@scan-inc.org

Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Six hours of Texas Department of State Health Services-Offender Education approved education for minors that are convicted of purchasing, possessing, or consuming alcoholic beverages. All minors referred to the program must attend a registration session with an MIP Instructor prior to attending classes.

Credentials:

State approved instructors

Fees:

\$35

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Community-Supported Transition and Recovery Project

2387 E. Saunders, Ste. 2, Laredo, TX 78041

Contact: Grizelda Carrillo
Office: 956.724.3177
FAX: 956.724.4861
E-mail: grizelda@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Substance abuse treatment services designed specifically for late adolescents and young adults ages 18 to 24. Services include outreach; screening and assessment; individual, group, and family counseling; and home and site visitation.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Esperanza Recovery Home

1901 La Pita Mangana Rd., Laredo, TX 78046

Contact: Clara Vasquez
Office: 956.712.3709
E-mail: clara@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Comprehensive residential substance abuse treatment services for adolescent females including individual, group, family, and action-oriented counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education, and relapse prevention education.

Credentials:

Licensed Professional Counselor (LPC), Licensed Chemical Dependency

Counselor (LCDC)
Fees:
None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.
Futuros Saludables Peer-to-Peer Recovery Services Program
2329 E. Saunders (Annex 1 &2), Laredo, Texas 78041

Contact: Grizelda Carrillo
Office: 956.724.3177
E-mail: grizelda@scan-inc.org
Contact: Julian Negrete
Annex 1: 956.724.4940 (Youth)
Annex 2: 956.722.1910 (Adults)
E-mail: julian@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:
Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides social support services to male and female adults (18+) and adolescents (12-17). Program services promote engagement in the recovery process and reduce relapse once recovery has been initiated, services are delivered by peers - persons who have experienced a substance use disorder and recovery, and enhance treatment services by connecting with people seeking to achieve or sustain recovery outside of a clinical setting.

Credentials:

Specially trained individuals from the recovery community

Fees:
None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.
Futuros Sin Barreras Prevention Program
313 W. Village Blvd., Ste. 114, Laredo, TX 78041

Contact: Susana Rivera, Ph.D., LPC
Office: 956.725.2522
E-mail: susana@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Prevention services for youth between the ages of 10 and 17 who are at-risk of substance abuse as a result of trauma-exposure.

Credentials:

Master-level clinicians trained in trauma-focused therapy.

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Llave al Futuro Program

2387 E. Saunders, Ste.2, Laredo, TX 78041

Contact: Dora Maria Ramirez

Office: 956.724.3177

E-mail: doramaria@scan-inc.org

Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides integrated substance abuse, HIV, and hepatitis prevention services to minority reentry adults, minority reentry adolescents, and minority adolescents in high-risk situations residing in Webb County. Adolescents must be between 12 - 18 years of age.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Certified Prevention Specialist (CPS), Counselors under direct supervision

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.
Parents and Children Together (PACT) Prevention Program
2387 E. Saunders, Ste. 2, Laredo, TX 78041

Contact: Michelle Saldaña
Office: 956.724.3177
Fax: 956.724.4861
E-mail: michelle@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides early drug prevention services to selected elementary school students. Students develop social and emotional competencies to reduce aggression and behavioral problems. Parents and adult relatives are offered drug prevention family education sessions.

Credentials:

Specially trained prevention specialists under the direction of a Certified Prevention Specialist (CPS).

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.
Pregnant & Post-Partum Intervention (PPI) Program
2387 E. Saunders, Ste.2, Laredo, TX 78041

Contact: Dora Maria Ramirez
Office: 956.724.3177
Fax: 956.724.4861
E-mail: doramaria@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Intervention services to pregnant and post-partum adult and adolescent females between 15 - 44 years of age experiencing substance abuse related problems in order to reduce drug exposure to unborn, newborn, and young children. Facilitates a healthy lifestyle for participants.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Certified Prevention Specialist (CPS), Education Specialist under direct supervision

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Students Taking Action Negating Drugs (STAND) Outpatient Program

2387 E. Saunders, Ste. 2, Laredo, TX 78041

Contact: Enrique Manrique
Office: 956.724.3177
FAX: 956.724.4861
E-mail: enrique@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Substance abuse outpatient treatment services for individual and family counseling, comprehensive assessment, referral, drug and alcohol education, coping skills, AIDS/HIV education, and relapse prevention.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

None

SERVING CHILDREN AND ADOLESCENTS IN NEED (SCAN), INC.

Youth Recovery Home

402 Riverhill Loop, Laredo, TX 78046

Contact: Carlos Briseno
Office: 956.723.0200
E-mail: carlos@scan-inc.org
Web Site: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Comprehensive residential substance abuse treatment services for adolescent males including individual, group, family, and action-orientated counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education, and relapse prevention education.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

None

SOUTH TEXAS COUNCIL ON ALCOHOL AND DRUG ABUSE (S.T.C.A.D.A.)

Familias Saludables

2359 E. Saunders, Laredo, TX 78041

Contact: Albert Hernandez, MPA,
CPS

Office: 956.791.6131

E-mail: ahernandez@stcada.org

Web Site: www.stcada.org

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m./10:00 a.m.-7:00 p.m.

Services Provided:

Provides prevention services for children in grades 3 - 6 by supporting parents as the primary prevention agents for their children against drug use and behavioral problems. The program strives to enhance communication skills between parents and children to improve family unity.

Credentials:

Specially trained staff members under the direction of a Certified Prevention Specialist (CPS)

Fees:

None

SOUTH TEXAS COUNCIL ON ALCOHOL AND DRUG ABUSE (S.T.C.A.D.A.)

Positive Action

2359 E. Saunders, Laredo, TX 78041

1002 Paseo de Tiber, Rio Bravo, TX 78046

Contact: Albert Hernandez, MPA,
CPS

Office: 956.791.6131 (Laredo)

E-mail: ahernandez@stcada.org

Web Site: www.stcada.org

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m./10:00 a.m.-7:00 p.m.

Services Provided:

Offers constructive methods designed to interrupt the onset or progression of substance abuse in the early stages. The program uses the Positive Action Curriculum and Indicated Counseling, referral and follow-up which is an effective, problem-focused, and practical approach to the elimination of substance abuse risk factors for adolescents 14 to 17 years old and their families.

Credentials:

Specially trained staff under the direction of a Certified Prevention Specialist (CPS)

Fees:

None

SOUTH TEXAS COUNCIL ON ALCOHOL AND DRUG ABUSE (S.T.C.A.D.A.)

Paso a Paso

2359 E. Saunders, Laredo, TX 78041

Contact: Albert Hernandez, M.P.A.,
CPS

Office: 956.791.6131

E-mail: ahernandez@stcada.org

Web Site: www.stcada.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Paso a Paso strives to reduce drug use and experimentation through universal prevention services in both UISD and LISD for children in grades 3 - 8. Students develop drug resistance skills, decision-making skills, problem solving skills, as well as increase social skills and develop healthy self esteem.

Credentials:

Specially trained staff under the direction of a Certified Prevention Specialist (CPS)

Fees:

None

WEBB COUNTY SHERIFF'S OFFICE/COMMUNITY AFFAIRS DIVISION

Drug Awareness Resistance Education (D.A.R.E.)

Gang Resistance Education and Training (G.R.E.A.T.)

902 Victoria St., Laredo, TX 78040

Contact: Lt. Rudy Valdez

Office: 956.523.4517

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Forges partnerships with law enforcement and school districts to educate elementary school children about the harmful effects of drugs and gangs and how to resist them.

Credentials:

Webb County Sheriff's Deputies

Fees:

None

TWELVE (12) STEP PROGRAMS

AA GRATITUDE GROUP

4120 San Bernardo Ave., Ste. 4, Laredo, TX 78041

Contact: 956.722.9001 or

956.206-0625

Hours:

Mon.-Sat.

12:00 p.m.-1:00 p.m. (all open meetings)

Mon.-Sun.

8:00 p.m.-9:00 p.m. (all closed)

Sun.

10:00 a.m.-11:00 a.m. (open meeting)

Mon., Wed. & Fri. (Spanish)

6:30 p.m.-7:30 p.m. (closed meetings)

Services Provided:

Group meetings, open and closed meetings in English & Spanish.

Fees:

None

AA GRUPO DOS LAREDOS

200 N. Zapata, Ste. 17, Laredo, TX 78046

Contact: 956.635.7937

Hours:

Mon.-Sat. 8:00 p.m.-10:00p.m. (Spanish)

Services Provided:

Group meetings

Fees:

None

AA GRUPO NUEVO AMANECER

816 Garza, Laredo, TX 78040

Contact: 956.718.4049

Hours:

Mon.-Sat. 8:00 p.m.-10:00p.m.

Services Provided:

Group meetings, open and closed meetings in English & Spanish, disabled access.

Fees:
None

AA GRUPO NUEVA VIDA

818 Gonzalez, Laredo, TX 78040

Contact: 956.726.1191

Hours:

Mon.-Sun. 8:00 p.m.-10:00 p.m.

Sunday Morning 10:00 a.m.-12:00 p.m.

Services Provided:

Open group meetings in Spanish; disabled access.

Fees:

None

AA GRUPO 17 DE FEBRERO

1705 Hillside, Ste. 6, Laredo, TX 78041

Contact: 956.729.9473

Hours:

Mon.-Sat. 8:00 p.m.-10:00 p.m.

Services Provided:

Group meetings, open meetings in English and Spanish, disabled access.

Fees:

None

AA MIRACLE GROUP

505 E. Mann Rd (Old Doctors Hospital Location-rear entrance)
Laredo, TX 78041

Contact: 956.740.5040
956.333.0101

Hours:

Sun.-Fri. 7:00 p.m.-8:00 p.m.

Sat. (open meeting)

Services Provided:

Open meetings; disabled access.

Fees:

None

AL-ANON SERENITY GROUP

4120 San Bernardo, Ste. 4, Laredo, TX 78041

Contact: 956.333.4973

956.722.9001

956.337.4805

Crisis/After Hours: 956.717.0550

Hours:

Mon., Wed., & Fri. 7:00 p.m.-8:00 p.m.

Tues. & Thurs. 12:00 p.m.-2:00 p.m.

Services Provided:

Open meetings.

Fees:

None

COCAINE ANONYMOUS PRIMARY

1520 E. San Pedro, Laredo, Texas 78046

Contact: 956.771.1490

Hours:

Mon.-Sun. 7:00 p.m.-8:00 p.m. (Bilingual)

Services Provided:

Open meetings; disabled access

Fees:

None

IGLESIA SANTO NIÑO

820 Cross, Laredo, TX 78046

Contact: 956.337.4805

Hours:

Tues. 7:00 p.m.-8:00 p.m. (Bilingual)

Services Provided:

Open meetings

Fees:

None

LA NUEVA VIDA GROUP/NARCOTICS ANONYMOUS

2329 E. Saunders

Contact: Julian or Bertha Negrete
956.333.6642

Hours:

Mon., Thurs. & Fri. 7:00 p.m.-8:30 p.m.

Services Provided:

Open meeting with no smoking; disabled access.

Fees:

None

LIBERTY GROUP of AL-ANON

2320 Lane (Jarvis Entrance), Laredo, TX 78040

Contact: 956.763-0344
956.726.8103

Hours:

Tues. & Thurs. 12:00 p.m.-1:00 p.m. (bilingual)

Services Provided:

Open meeting with no smoking; disabled access

Fees:

None

OASIS OF LOVE- DRUG & ALCOHOL SUPPORT GROUP

2103 Reynolds, Laredo, TX 78040

Contact: Carlos Garza
956.744.7775

Hours:

Mon.-Fri. 9:00 a.m.-10:00 a.m.

Wed. 7:00 p.m.-8:00 p.m.

Services Provided:

Open meetings.

Fees:

None

PLAZA GROUP

201 W. Hillside, Ste. #6

Contact: 956.791.5810 or
956.285.1177

Hours:

Tues. & Thurs. 7:30 a.m. - 8:30 a.m.

Services Provided:

Open meetings.

Fees:

None